

Need to see someone about bone, joint, or muscle problems?



Neck & Spine

Neck Pain, Mid Back Pain, Lower Back Pain, Sciatica



Shoulder

Shoulder Pain, Shoulder Dislocation



Elbow

Tennis/Golfer's Elbow, Elbow Pain



Hand & Wrist

Wrist Pain, Finger Pain, Carpal Tunnel Syndrome



Hip

Hip Pain, Groin Pain, Pain on Walking



Knee

Knee Pain, Swelling, Pain on Walking



Foot & Ankle

Foot Pain, Ankle Pain, Ligament Sprains, Achilles Tendon Pain

You can now see a Specialist Physiotherapist at your GP surgery without seeing your GP first.

They will be able to assess you, investigate your condition, give advice and exercises, and refer you on to other services if needed. *Please ask at reception for more information.*