**The Ehlers-Danlos Syndromes (EDS)**

**Investigations:**

FBC, ESR/CRP, Rheumatoid Factor, ANA, Anti CCP, U&E, LFT, Bone profile, CK and TFT

Urine dipstick

Chest X-ray

Blood pressure, Heart rate, Weight and BMI

Family history of CTD

**Symptoms suggestive of CTD can include:**

Joint hypermobility (including subluxations and dislocations)

Skin hyper-extensibility

Tissue fragility (easy bruising and scarring)

Chronic pain

Fatigue

Dysautonomia

GI issues

TMJ and dental problems

Spine problems

Mast cell activation disorder

Reduced muscle tone and weakness

**Refer to appropriate speciality**

For all other abnormal investigations

**Refer to Consultant Rheumatologist**

If EDS is suspected and/or positive inflammatory markers

**Management**

Patient education/information

[www.sussexeds.com](http://www.sussexeds.com)

<https://www.ehlers-danlos.org/>

<http://www.rcgp.org.uk/eds>

Analgesia as per guidance

<http://sussexmskpartnershipcentral.co.uk/for-health-professionals/medicines-management/>

<https://www.nice.org.uk/advice/ktt21>

Manage cardiovascular risk

Rule out

Red flags